

## Smile Aesthetics: An Interdisciplinary Approach

### **Zeynep Koyu**

DDS, PhD student of Orthodontics, İzmir Katip Çelebi University, Faculty of Dentistry, Department of Orthodontics, İzmir-Türkiye

### **Damla Çardak**

DDS, PhD student of Orthodontics, İzmir Katip Çelebi University, Faculty of Dentistry, Department of Orthodontics, İzmir-Türkiye

### **Mehmet Irfan Karadede**

DDS, PhD of Orthodontics, PhD of Histology and Embriology, Prof. Dr. Dr., İzmir Katip Çelebi University, Faculty of Dentistry, Department of Orthodontics, İzmir-Türkiye

### **Beyza Karadede Ünal\***

DDS, PhD of Orthodontics, PhD of Histology and Embriology, Assoc. Prof.Dr.Dr., İzmir Katip Çelebi University, Faculty of Dentistry, Department of Orthodontics, İzmir-Türkiye

### **Abstract:**

The smile is a crucial element that plays an important role in an individual's facial aesthetics and social interactions, influencing self-confidence and social acceptance. An aesthetically pleasing smile not only improves the physical appearance of patients but also provides psychological and social benefits. In this context, smile aesthetics in dentistry requires a multidisciplinary approach. Disciplines such as orthodontics, periodontology, restorative dental treatment, prosthodontics, and oral and maxillofacial surgery must collaborate more closely to meet the increasing aesthetic demands of today. This rise in aesthetic awareness has necessitated a more holistic and systematic approach that addresses both health and aesthetics in dental practices. As a result, patients' dental health and aesthetic expectations are considered equally throughout the treatment process. This literature review examines the contributions of various dental disciplines to smile aesthetics. Restorative dental treatment aims to restore the natural appearance of teeth, while orthodontics ensures proper alignment. Prosthodontics provides aesthetically and functionally satisfying solutions for replacing missing teeth, while oral and maxillofacial surgery corrects defects in jaw structure. Periodontology, meanwhile, focuses on maintaining gum health and aesthetics. This multidisciplinary approach enables optimal results in both aesthetics and functionality.

### **Keywords:**

Esthetics, Dental; Interdisciplinary Communication; Orthodontics.