

Endometriosis in Primary Care and Health Care: Narrative Review

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Abstract

The aim was to identify the production of knowledge about health care in situations of endometriosis in Primary Health Care. This is a narrative review, whose question was: What is the production of knowledge about health care in situations of endometriosis in primary care?, carried out in the LILACS, PubMed, BVS, Scielo, Web of Science and Google Scholar digital repository databases. The selection flow followed the reading of the title, abstract and full text and all studies were deposited in the Rayyan software. The extracted data were analyzed in a thematic way, respecting ethical aspects and copyright. A total of 1,114 studies were identified and 6 included after applying eligibility criteria. The category constructed was Challenges for health care in situations of endometriosis, whose themes were: significant gaps in knowledge, absence of standardized protocols, scarcity of structural resources and lack of continued training, the need for multiprofessional action, effective communication between health professional and patient. It is concluded that the challenges in coping with endometriosis in Primary Health Care promote inconsistent care, inconclusive answers and delay in diagnosis, reinforcing the urgent need for specific guidelines that favor the recognition of symptoms and a more comprehensive approach to the disease.

Keywords

Endometriosis, Primary Health Care, Population Health Management, Women.