

Exploring Microalgal lipids as anti-virulent Agents Targeting MDR *Vibrio Cholerae* infection: A Step Toward Developing Herbal Oral Rehydration Salt (ORS) Formulations

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Abstract:

Cholera, a life-threatening diarrheal disease caused by *Vibrio cholerae*, remains a major global health issue. Rising antibiotic resistance, especially in developing countries, poses a significant threat to effective treatment. Novel anti-virulence strategies can address this gap. Our study investigated the potential antivirulent effect of *Chlorella variabilis* (CV) and *Chlorococcum* sp. (CCM) microalgae to inhibit cholera toxin (CT) production.

Using a multidrug-resistant *V. cholerae* strain (SRK-19), lipid extracts and crude freeze-dried biomass were tested *in vitro* for their effects on CT production via ELISA and bacterial viability. For *in vivo* validation, rabbit ileal loop assay was performed to measure the fluid accumulation (FA) ratio, colony-forming units (CFU), and CT levels.

Results indicated that both lipid extracts and crude biomass significantly reduced CT production in a dose-dependent manner, with CV and CCM biomass achieving reductions of over 90% *in vitro* and 70% *in vivo*. Crucially, the *in vivo* study demonstrated reduced FA ratios without affecting bacterial growth, indicating that bacterial viability was uncompromised.

These findings provide a compelling proof of concept that extracts from CV and CCM possess potent anti-virulence activity without promoting antimicrobial resistance, supporting the development of microalgae-based oral rehydration formulations as a promising alternative to conventional antibiotic therapy.

Keywords:

Cholera Toxin, Microalgae, Antibiotic Resistance, In-Vivo Study, Anti-Virulence.